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AL-QA'IDA RESISTANCE

Training Based on Recently Obtained
AL-QA'IDA Documents

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AL-QA'IDA Conceptual Model for Exploitation

- Establish absolute **CONTROL**
- Induce **DEPENDENCE** to meet basic survival needs
- Elicit **COMPLIANCE** to meet those needs
- Shaping **COOPERATION** via reinforcing compliance so captive's behavior shifts from refusal to self-initiated cooperation

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AL-QA'IDA Training for Interrogation

- **Interrogation:** Extraction of information from the person being questioned through a well-planned method
- **Inducement:** Obtain information from an individual by gradual inducement of divulging information without being aware of the true motive or purpose of the person requesting the information

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AL-QA'IDA Training for Interrogation

- Sources of information:
 - Information equates to power
- Gain with or without consent:
 - Using control mechanisms over person
 - Use of drugs
 - Excite emotions
 - Rob individual of willpower
 - Theft

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AL-QA'IDA Training for Interrogation

- Persuasion:
 - Unwitting source
- Method of Persuasion:
 - Innocent conversation
 - Control and direct
 - Tricks
 - Read target's reactions

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AL-QA'IDA Training for Interrogation

• Types of Interrogation

- Police: accusation of crime or est. innocence
- Intelligence: information from friendly agents and non-cooperative subjects

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AL-QA'IDA Training for Interrogation

- Conducting An Interrogation
 - Preparation
 - Evaluate Individual
 - Familiarization With Psychology
 - Develop Interrogation Plan
 - Based on personality assessment
 - Develop Question Set

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AL-QA'IDA Training for Interrogation

- Evaluating Personality of Subject
 - ‘Use principles of psychology,’ for evaluation
 - Types / Methods of Exploitation
 - Rationale, Intelligent
 - Emotional, Compassionate
 - Lively, Social
 - Introverted

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AL-QA'IDA Training for Interrogation

• Conducting An Interrogation

- Prepare Individual
 - Enhance capture shock
 - Isolate
 - Exploit items found during search
- Create divisions within group
 - Suggest others have confessed
- Guards have no interaction with subject
- Holding area must be uncomfortable

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AL-QA'IDA Training for Interrogation

- **Conducting An Interrogation**

- Principles for Success

- Well designed plan
- Employ psychological principles based on personality of subject
- Control mechanisms
- Art of Questioning
 - Good Questions
- Trained Interrogator
- Post-Interrogation Reporting

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AL-QA'IDA Training for Interrogation

- **Conducting An Interrogation – Two Stages**
 - Phase One – Assessment & Evaluation
 - Study subject
 - Use control questions
 - Limit touching on topic
 - Focus on personal information, innocent topics

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AL-QA'IDA Training for Interrogation

• Conducting An Interrogation

- Phase Two – Breaking Resistance
 - Enter Interrogation topic
 - Use methods based on personality assessment
 - Apply psychological torture
 - Isolation, threats against self and family, Incite ‘ownership’ instinct
 - Interrogate immediately – maintain emotional imbalance (Capture Shock)
 - Use Conflicting techniques
 - Alternate good and bad treatment (Good Cop – Bad Cop)

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AL-QA'IDA Training for Interrogation

• Breaking Resistance – Tactics and Means

- Stem Approach
 - Deceive, ‘only a minor misunderstanding’
- Create a conducive relationship
- Suggest info is known or of little value
- Silence tactic (Question and wait)
- Exchange Threats
 - All have confessed; Defend Self; Implicate Others
- Pose control questions (Truth and verify)
- Prepared question method (Pose and Consider)

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AL-QA'IDA Training for Interrogation

- Breaking Resistance – Scientific Methods

- Drugs
- Polygraphs
- Hypnosis

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AL-QA'IDA Training for Interrogation

• Reasons to Resistance

- Fear of organization
 - Penalty for giving confessions
- Fear of destroying organization
- Fear of punishment (prison sentence)
- Gain time (rescue or release)
- Reaction from interrogator (anger / resolve)
- Conceit and Pride
- Receipt of counter-resistance training

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AL-QA'IDA Training for Interrogation

- **Methods Subjects Use to Resist**

- Have a good cover story (minimize scale)
- Dispose of documentation and evidence
- Give primary statements only (block interrogator)
- Slow and careful study of documents
- Resorts to clashing with interrogator
- Non-responsive to provocations
- Cautioned by guard or other prisoners
- Stalls and thinks before answering
- Resists ‘Brainwashing’ (prayers, memories, non-responsive to teachings)

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AL-QA'IDA Training for Resistance to Interrogation

- Resistance Training Program
 - Four Principles
 - General Guidance
 - Resisting the Conditioning Process
 - Resistance Posture
 - Case Study
 - Al-Qa'ida Resistance Circle

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AL-QA'IDA Training for Resistance to Interrogation

- Part of 4-5 month course on Urban Guerrilla Warfare

- Includes cover for status and cover for action
- Direct and Indirect Interrogation Countermeasures Training (ICT)
- Exposure to torture practices
- Instructor was former Algerian Intelligence officer

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AL-QA'IDA Training for Resistance to Interrogation

- Four Main Principles

- Cover
- Admit to Lesser Crime
- Gain Credibility to Buy Time
- Maintain Pleasant Demeanor

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AL-QA'IDA Training for Resistance to Interrogation

- **COVER STORY:**

- The story when told by individual when detained and interrogated. The story should match the identification papers being held. The tighter the story, the less suspicions it will provoke to the enemy

- **Security Plan:**

- Comprehensive security arrangements concerning a specific activity for the purpose of deceiving the enemy.

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AL-QA'IDA Training for Resistance to Interrogation

- Security Plan:

- Factors to facilitate success of the plan
 - Logical and imaginative in order to be accepted by the enemy
 - Comprehensive: strict and precise; clear of any gaps, conclusive and provide connected sequential series to enemy
 - Simple: easy to comprehend by all individuals; should have no difficulty in performing it
 - Innovative:
 - Flexible:
 - Secret
- Security Plans are developed for individuals, meetings, and group actions

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AL-QA'IDA Training for Resistance to Interrogation

- Security Plan:

- Use of Plan for Deceiving the Enemy

- Specific brother designed, planned and executed the mission; gathered team, trained and organized
- Brothers given cover story to suit individual
- Commander solely responsible for arming the team
- Brothers agree and coordinates on cover in event of capture
- Brothers cued as to position and what to say under torture
- Brothers identify a false mission plan and planned by individual was outside of the country at time of mission
- Brothers do not know details of plan or role of others
- Brothers only know some of the participants
- Training site, methods and arrangements all agreed upon

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